

Interview with George Ellman coach at Yeshiva Atlanta Wrestling

What team do you coach?

I coach the Yeshiva Atlanta Lions.

Who are the team captains this year?

The captains are Kobi Weener and Nassan Paul

How long have you been coaching there?

I have been coaching since the year the Wittenberg tournament started back in 1996

How large is your program?

Our program has 14 kids this year but is expecting to get bigger

How many days does your team train and compete?

Our team trains 4 days a week with an occasional Sunday mixed in and we compete at least twice a week start after thanksgiving

When did you start practices?

When do you end (at Wittenberg ?)?We started practice the 20th of October and we end right after the YU tournament

What is your typical practice like?

Our typical practice consists of a warm-up mile and a half run then we drill moves for about 45 minutes then we do live wrestling for 30 minutes to 45 minutes

What excites you most about the upcoming wrestling season?

I'm most excited about our team having a better year than last year and some of our individual wrestlers who have a great shot at finishing with over 15 wins this season

Do you have any specific wrestlers that really impress you?

The 4 wrestlers that really impress me are Kobi Weener, Nassan Paul, Avi Steinberg, and Akiva Halpern who all are going to have strong seasons

What are your teams' challenges this year?

The main challenge our team will face this year will be the youth that we still possess with a majority of our team being sophomores

If you could change one thing about your program what would it be?

The one thing I would change about our program is the time we are allotted to practice. I would like to have more practice time during the week.